

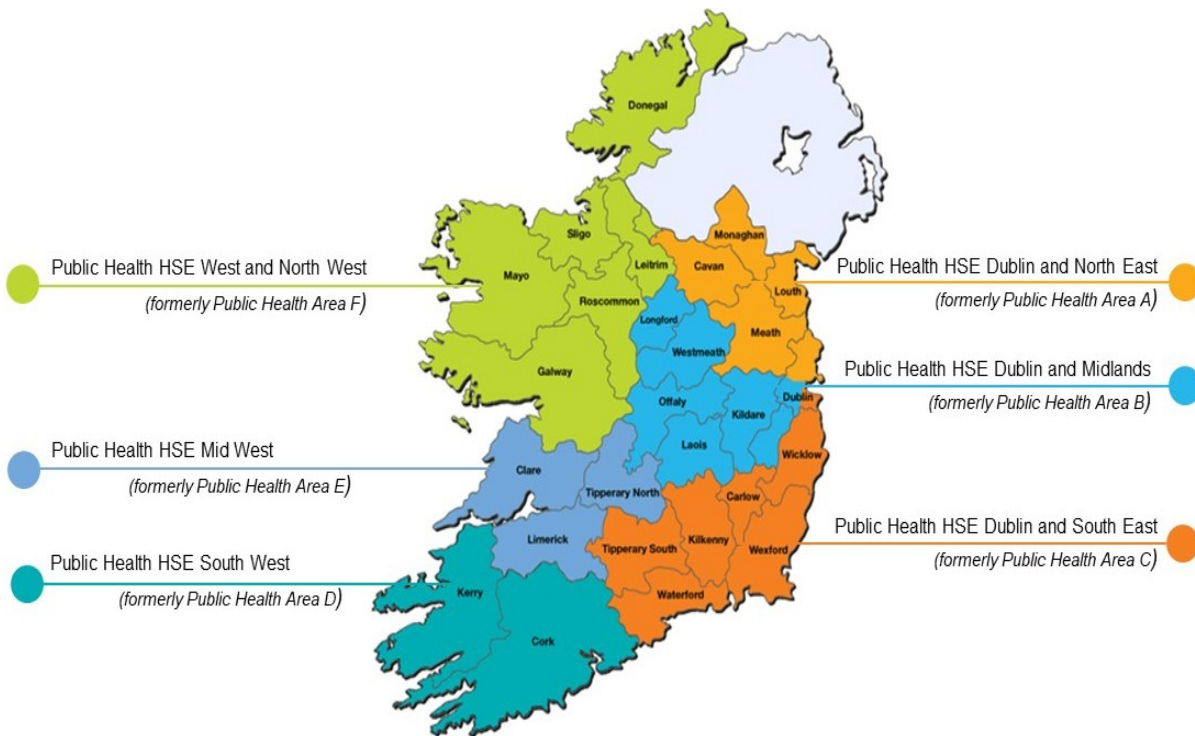


An Ireland where no one needs to navigate mental health challenges or life's struggles, alone

Role	Area B Regional Area Lead – Public Health HSE Dublin and Midlands
Reporting to	Head of National Programs
About Grow	<p>Grow Mental Health (Grow M H) is a community of people drawn together by our first-hand experience of mental health challenges. With over 60 years' experience supporting people in personal growth and recovery, we provide a space where people can tell their story in a confidential and friendly setting.</p> <p>Using a world-renowned, evidence-based program, our members meet weekly, establish friendships, and begin their unique journey toward mental well-being. Funded by the HSE and fundraising activity, Grow operates through a national network of peer support groups that encourage positive action through shared wisdom and practical guidance. Meetings are weekly, are confidential and open to all individuals over 18, no referral is needed.</p> <p>Employees work directly and indirectly with Grow groups and members of the public. The main types of direct work are the encouragement of the peer support process which includes group member empowerment, connecting to resources, experiential sharing, building community, relationship building, group empowerment, skills building, mentoring, goal setting, self-esteem building and socialisation. The main types of indirect work are group planning and development, administration, awareness raising, fundraising, team communication, supervision, training, providing support, education, information gathering and verification.</p> <p>Whatever the role, Grow expects its employees to be familiar with the essence of the Grow community, that each individual is a unique and valuable person with the potential to Grow. Grow employees are highly valued members of the Grow community, contributing their knowledge and skills and growing in expertise in their role.</p>
About the Role	The purpose of the role is to work directly with the Head of National Programs, The National Program Officer, the Regional Program Team in the specific Region and the national support team to lead the work plan driven by the organisation's strategic plan and objectives.

Guidance and authority	The job holder will report to the Head of National Programs and is expected to operate with autonomy. They will also work closely with the Regional
-------------------------------	---

Org Chart:



Public Area HSE Dublin and North East A	Public Area HSE Dublin and Midlands	Public Area HSE Dublin and South East	Public Area HSE South West	Public Health HSE Midwest	Public Health HSE West and North West	Digital
North Dublin	Longford	Tipp South	Kerry	Limerick	Donegal	National
Meath	Westmeath	Waterford	Cork	Tipperary	Sligo	
Louth	Offaly	Kilkenny		Clare	Leitrim	
Cavan	Laois	Carlow			Roscommon	
Monaghan	Kildare	Wexford			Mayo	

	Parts of Dublin	Wicklow			Galway	
	Parts of Wicklow	Part of South Dublin				
Proposed Regional Manager Responsible						
Regional Area Lead	Regional Area Lead	MP	MP	MP	Regional Area Lead	Digital Supervisor

Signed by employee:

Signed by Line Manager: